

HOME UTILITY PRODUCTS

THE 60-MINUTE KITCHEN UTILITY RESET

Rebuild the prep, cooking, cleaning, and storage flow around the tasks you actually repeat.

PRACTICAL WORKBOOK | US LETTER | PRINTABLE

STEP 1

Minutes 0-10: name the jobs

List the kitchen tasks repeated every day: prep, cook, pack, clean, and store. Mark where each task begins and ends.

WORK THE PAGE

What exact problem or task does this address?

What measurement, evidence, or instruction must be verified?

What limitation would make this the wrong choice?

UTILITY GATE

- ☐ Supports a weekly task
- ☐ Lives beside its point of use
- ☐ Can be reached safely
- ☐ Cleans without hidden seams

STEP 2

Minutes 10-25: clear the path

Remove duplicates, broken tools, and rarely used items from the prime reach zone. Keep counters available for work.

WORK THE PAGE

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- ☐ Cleans without hidden seams
- ☐ Stores without wasted volume

STEP 3

Minutes 25-40: rebuild zones

Place tools where they are used, not where they look tidy. Keep heavy items low and hot or sharp tools safely contained.

WORK THE PAGE

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- ☐ Replaces a worse tool or process

STEP 4

Minutes 40-50: test storage

Open every drawer and door in sequence. Check collisions, lifting clearance, visibility, and whether containers nest without trapping moisture.

WORK THE PAGE

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- ☐ Supports a weekly task

STEP 5

Minutes 50-60: set the standard

Photograph the finished zones, record missing measurements, and set a weekly five-minute reset before buying anything new.

WORK THE PAGE

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